



American Heart Association (AHA)
Hong Kong College of Emergency Medicine (HKCEM)
Rundown (Instructor)



Pediatric Advanced Life Support Courses (PALS)

Day 1

Time	Programs			
08:30-08:45	Start – Welcome / Introduction			
One Large Group: (<i>Lecture Room</i>)				
08:45-08:55	Lesson 1 – PALS Course Organization			
08:55-09:15	Lesson 2 – Overview of PALS Science			
Divide Class Into 4 Groups @ 60min				
Lesson 3 – BLS Practice and Competency Testing (<i>Room 1</i>)				
Lesson 4 – Management of Respiratory Emergencies Skills Station (<i>Room 2&3</i>)				
Room	2	3	1	
09:15-10:15	Group C, Lesson 4	Group D, Lesson 4	Group A & B, Lesson 3	
10:15-10:30	<i>Break</i>			
10:30-11:30	Group A, Lesson 4	Group B, Lesson 4	Group C & D, Lesson 3	
Divide Class Into 4 Groups @ 30min				
Lesson 5 – Rhythm Disturbances / Electrical Therapy Skills Station (<i>Room 2&3</i>)				
Lesson 6 – Vascular Access Skills Station (<i>Room 4&5</i>)				
Room	2	3	1	
11:30-12:00	Group D, Lesson 5	Group C, Lesson 5	Group A & B, Lesson 6	
12:00-12:30	Group B, Lesson 5	Group A, Lesson 5	Group C & D, Lesson 6	
12:45-13:45	<i>Lunch</i>			
One Large Group: (<i>Lecture Room</i>)				
13:30-14:00	Lesson 7 – Resuscitation Team Concept			
14:00-14:15	Lesson 8 & 9 – Overview of Pediatric Assessment / Learning Station			
Divide Class Into 4 Groups @ 45min				
Lesson 10 – Core Case Discussion & Simulations Respiratory Cases 1 & 2				
Lesson 11 – Core Case Discussion & Simulations Respiratory Cases 3 & 4				
Lesson 12 – Core Case Discussion & Simulations Shock Cases 5 & 6				
Room	2	3	4	5
14:15-15:00 Lesson 10	Group A	Group B	Group C	Group D
15:00-15:15	<i>Break</i>			
Room	2	3	4	5
15:15-16:00 Lesson 11	Group D	Group A	Group B	Group C
16:00-17:45 Lesson 12	Group C	Group D	Group A	Group B
17:45	Summary / Day 1 Ends			



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Day 2

Time	Programs			
08:30-08:45	Welcome and coffee			
Divide Class Into 4 Groups @ 45min Lesson 13 – Core Case Discussion & Simulations Shock Cases 7 & 8 Lesson 14 – Core Case Discussion & Simulations Cardiac Cases 9 & 10 Lesson 15 – Core Case Discussion & Simulations Cardiac Cases 11 & 12				
Room	2	3	4	5
08:45-09:30 Lesson 13	Group B	Group C	Group D	Group A
09:30-10:15 Lesson 14	Group A	Group B	Group C	Group D
10:15-10:30	<i>Break</i>			
Room	2	3	4	5
10:30-11:15 Lesson 15	Group D	Group A	Group B	Group C
Divide Class Into 4 Groups @ 45min Lesson 16 – Putting It All Together				
11:15-12:00 Lesson 16	Group C	Group D	Group A	Group B
One Large Group: (Lecture Room)				
12:00-12:05	Lesson 22 – Course Summary and Testing Details			
Divide Class Into 4 Groups @ 60min Lesson 24 – Core Case Test Cardiac Cases Lesson 25 – Core Case Test Respiratory & Shock Cases				
	2	3	4	5
12:05-13:05	Group B Lesson 24	Group C Lesson 24	Group D Lesson 24	Group A Lesson 24
13:05-14:05	<i>Lunch</i>			
	2	3	4	5
14:05-15:05	Group A Lesson 25	Group B Lesson 25	Group C Lesson 25	Group D Lesson 25
15:05-16:05	Lesson 23 – PALS Written Test (All Instructors)			
16:05	PALS Remediation (All Instructors) / Course Ends			