

# Neuro-Semantics(NS)-NLP Training workshop Series

“ENVISIONING A PREFERRED FUTURE IN WORKPLACE”

*Program Code : MAGIC NLP INTEGRAL 123*

## Integral NLP Practitioner Course for Health Care Professionals

- Neuro-Linguistic Programming  
Practitioner Course with International Certification  
by ISNS ( international Society of Neuro-Semantics)

(身心語言程式學國際認證課程)

( Co-organised by **the A&E Training Center  
Ruttonjee/Tang Shiu Kin Hospital  
And HKSEMS-The Hong Kong Society  
for Emergency Medicine and Surgery )**



### By Principal NS-NLP Trainer

**Dr CHAN Kwok Hei, Paul (陳國禧醫生)**  
Consultant, A&E PMH  
FHKAM (Emergency Medicine)  
Licensed NLP Trainer

*Version 3 (updated) : May/2010*

**(A) PROLOGUE (前記)**

The guiding “**Chariot of Fire**” :

- (i) It is written ...  
 “ASK and it will be given to you;  
SEEK and you will find;  
KNOCK and the door will be opened to you ...” *Matthew 7:7*
- (ii) “Living up to the NLP DREAM in clinical practice and let REALITY & RESOURCES catching up” *Anon*
- (iii) “天行乾(健) … NLP training … 自強不息, 地勢坤 … NLP training … 載德厚物, 既濟未濟 … 生生不息” *易經*

**(B) The Program Training Objective (課程培訓目標)**

- (i) To apply Well-Formed NLP knowledge, skill and attitude for professional and personal excellence in Clinical Practice.
- (ii) To elicit and…then deepen the resourceful, Alpha psychological State for effective and optimal work performance.
- (iii) To align the NEURO (including Neuro-logical levels and subconscious mind)-LINGUISTIC (verbal , intra-verbal and non -Verbal) Congruence for professional and personal growth and development.

**(C) The Training Road-Map (培訓路線圖)**

➤ 10 Training Workshops ( 6 whole days- Didactic& Experiential Workshops- 00.90-17.00 hr and 3 half-days- NLP skills Practice Workshops - either AM or PM - 00.90-13.000 hr or 14.00-16.00hr Plus Day of Graduation Presentation Workshop)

## ➤ 3 levels MODULE Structure

- (a) **Level 1 module** - 20 hours (2½ days training workshops)  
 (單元一) Theme : **Communicating & Self-empowering Excellence thro' NLP**
- (b) **Level 2 module** - 20 hours (2½ days training workshops)  
 (單元二) Theme : **Languaging the path of Transformational Change thro' NLP**
- (c) **Level 3 module** - 20 hours (2½ days training workshops)  
 (單元三) Theme : **Mastering the Path of Generative Personal growth & Development thro' NLP**

(The Metaphors in Trilogy – 三部曲)

Level 1 - Basic	- 基礎篇
The Butterfly's FLAP	蝴蝶的振拍
Level 2 - Linguaging	- 語言篇
The Dolphin's LEAP	海豚的跳躍
Level 3 - Integral	- 整全篇
The Eagle's HOVER	鷹的翱翔

## (D) The Overall Course Structure / Outline / Format

### Key Components

(1) Training workshop attendance (20 Hrs x 3 )	60 hrs	(at least 80%)
(2) Post-workshop worksheet assignments x 6	12 hrs	
(3) Integral NLP practitioner course Outline self-learning (23 topics)	> 23 hrs	
(4) Textbook ( Magic in Practice ) reading and Graduation Oral presentation (10+/-2 minutes) on Experiential learning and Applications in work/life	> 36 hrs	
	<b>Total : &gt; 123 hrs</b>	

### The Training Approach and Formula

K.S.E. → P

- Knowledge	知識
- Skill	技能
- Experiential learning	體驗
Then	
- Practice / Practice / Practice	熟練
- Conscious to Subconscious Competence	

### The Training Format

- lectures, demonstrations, exercises, role-play, story-telling, assignments, readings, self-study ……

### Focus on Experiential Learning and Self-Discovery

- For Each Level-  
2 whole day Didactic and Experiential Workshops ( attended by whole class)  
and half day NLP skill practice workshop ( the class will be split into 2 halves  
either am or pm for better Training/Coaching )

Duration : 3-4 months (one month plus for each level)

Medium of Instructions : Bilingual (English and Cantonese)

Class Size : 24-30

**(E) Textbooks to Purchase ( Bulk purchase will be arranged with Mac-Barron )****Level one**

5 Minutes NLP – Practice Positive Thinking Everyday  
(HK\$50)

*by Carlyss Boyes*

**Level two and three**

Magic in Practice – Introducing Medical NLP, the art & science of language in  
healing and health (US\$39.99) *by Garner Thomson with Dr Khalid Khan*

***Other References:***

- i. Consulting with NLP – NLP in medical consultation  
(US\$48.00) *- by Lewis Walker*
- ii. NLP & coaching for health care professionals developing expert practice  
(US\$51.28) *- by Suzanne Henwood, Jim Lister*
- iii. The User's Manual for the Brain- The Complete Manual for  
NLP Practitioner Certification  
(US \$40.95) *- by Michael hall and BOB Bodenhamer*

(\* price quoted in Amazon.com)

WEBSITES: [www.medicalnlp.com](http://www.medicalnlp.com)  
[www.nlpu.com](http://www.nlpu.com)  
[www.neurosemantics.com](http://www.neurosemantics.com)

**(F) Certification- participants on attending 80% of the Workshop Training and submitted the required course work assignments and graduation presentation will be given 2 NLP Practitioner certificates**

**One local by the HKSEMS and A&E Training Center**

**ONE International – BY ISNS- international Society Of Neuro-Semantics.**

**(G) EPILOGUE (後記)**

It is MEANINGFUL to think BIG

It is WONDERFUL if it comes TRUE

**(H) Integral NLP Professional Practitioner Training Contents :-**Overall Topic Outline Reference :

- (1) Overview and history
- (2) NLP presupposition
- (3) Rapport-establishment and maintenance of
- (4) Pacing and leading
- (5) Calibration
- (6) Representational systems
- (7) Submodalities and application
- (8) Dissociation and association
- (9) Meta-model of language
- (10) Milton-model of language
- (11) Elicitation of well-formed, ecological outlines and structures of present state
- (12) Metaphor creation
- (13) Frames (outcome, back track, relevancy, “as if”, agreement etc)
- (14) Anchoring
- (15) State management
- (16) Feedback – giving and receiving sensory specific feedback
- (17) Perceptual positions
- (18) Neurological levels
- (19) Outcome-oriented accessing and utilizing of resources
- (20) Positive intention
- (21) Re-framing
- (22) Strategies, detection, elicitation, utilization and installation
- (23) Time -line

**(I) Appendix (附錄) : informational**

What is NLP ? (身心語言程式學)

NLP stands for Neuro-Linguistic Programming

- |                     |  |
|---------------------|--|
| <u>N</u> euro       | – neurology, the nervous system, the conscious and subconscious mind   |
| <u>L</u> inguistic  | – the verbal (words), intra-verbal ( tonality ) and non-verbal (body) language used to communicate   |
| <u>P</u> rogramming | – unique way one put the neuro-linguistic patterns to create thinking, emoting and behaving (analogy of files or programs in the computer) |

Co-created by **Richard Bandler** (a student) and **John Grinder** (a professor) in early 1970 at the University of California, U.S.A.

- the **Essence** of NLP is modeling personal and professional excellence and Peak performance by studying “**The Difference that makes the Difference**”
- NLP is process-orientated and contents-free and has already wide applications in the fields of business, management, health, education, change-work (coaching, counseling and psychotherapy), sports etc. etc. etc.
- NLP 是**如何達致卓越的學問** (the “Hows” Vs the “Whys” and the “Whats”)
- NLP is the study of **Human Subjective Experience**

**(J) What is the Magic in NLP and also 123 ?**

Motivation  
Activation  
Generation  
Imagination  
Cooperation

1-2-3 means levels **one-two-three**, also means **123** hrs of Training and Study

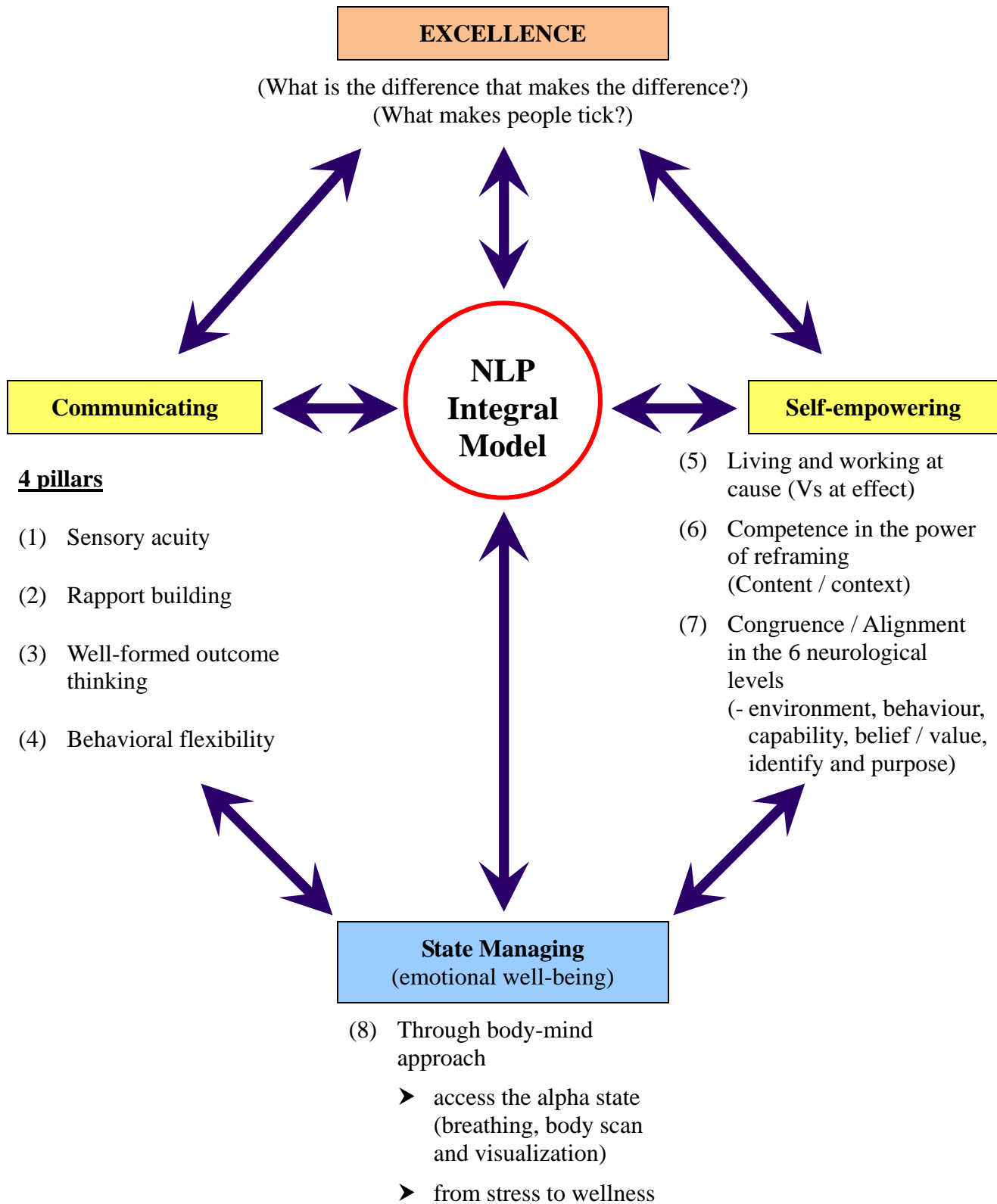
- (1) The Heart and Spirit of NLP is all about **Modeling and Modeling Excellence**
- (2) It is all about Senses, Filters/ Frames, Words and States
- (3) V.A.K. are the “**Bible**” alphabets of NLP ( **V**isual, **A**uditory and **K**inesthetic)
- (4) It is also all about **Awareness, Flexibility and Choice**
- (5) The “**Hows**” of the Biomedical–Psycho–Social **paradigm shift** in Clinical Practice

**Note :** NLP approach is Process-orientated (content free), with wide practical application in The fields of business, management, clinical/health care, Education, Sports, Change work-Coaching/Counseling and Psychotherapy

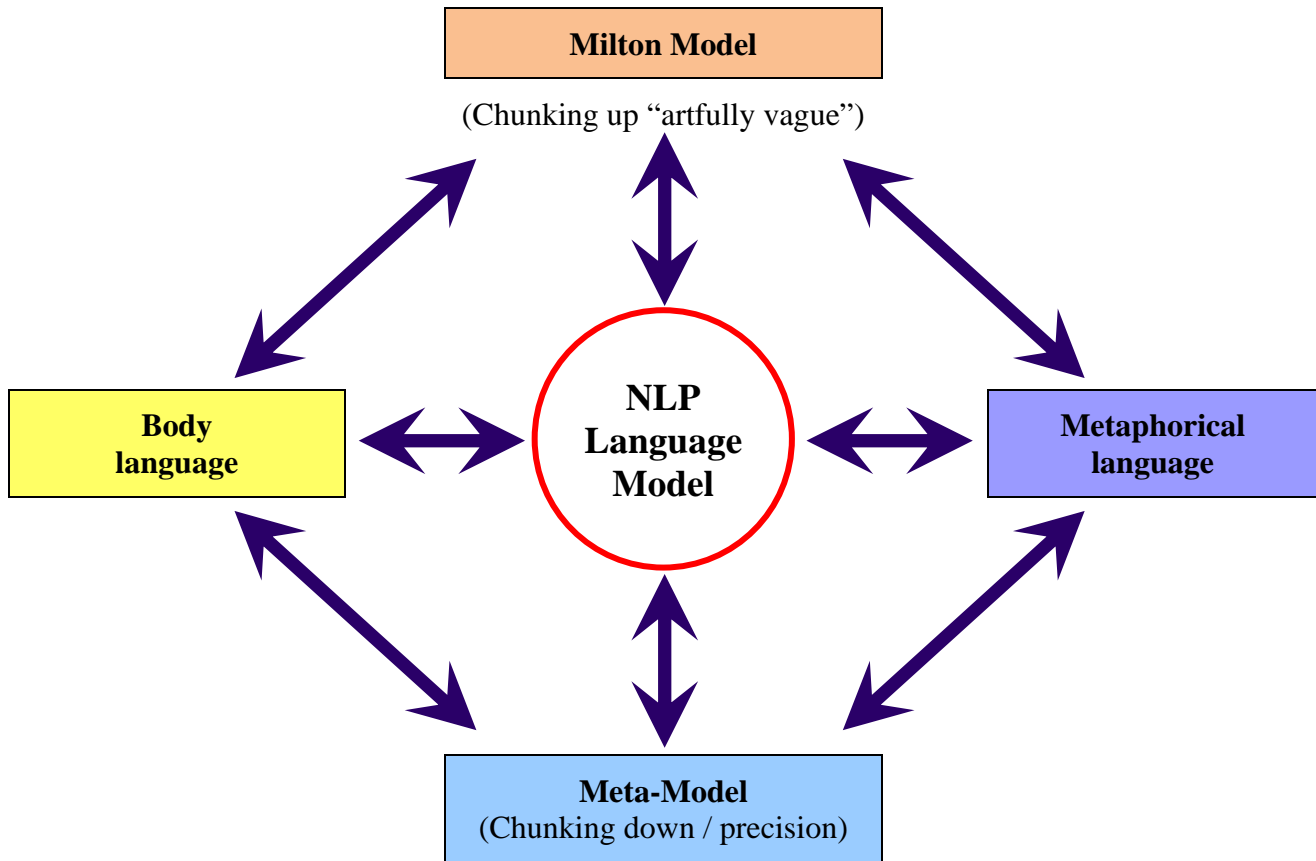
**(K) The Trainer’s Credentials**

- (1) The Trainer has learned NLP under International Master Trainers :  
 Richard Bandler \_ the father and Co -creator of NLP  
 Robert Dilts, Judith Delosier, Suzi Smith, ( NLPU- Santa-Cruz – the birthplace OF NLP  
 Michael Hall (NLP and Neuro-Semantics (身心語義學)),  
 Gardner Thompson (Medical NLP),  
 Jeffrey K. Zeig (Ericksonian Psychotherapy),  
 Gary Quinn (EMDR approach to psychotherapy),  
 Stephen Gilligan (Hero’s Journey)
- (2) The Trainer had conducted a series of basic NLP workshops in the past 3 years :  
 For PMH (A&E/EMW and hospital staff and nurse management)  
 CMC (A&E / EMW) and QMH(A&E),  
**HK Adventist Hospital** (middle level management staff),  
**Union Hospital** (Emergency Medical Center),  
 Stress Management Workshops for CMC, PMH, HA A&E COC, and  
 AHKNS (香港護士協會)  
  
 Guest speaker in NLP training programme of the  
**New Life Psychiatric Rehabilitation Association (新生精神康復會)**  
**HAHO KWC level One and Two** – Communicating & Self-empowering  
 Excellence through NLP  
 – languaging the path of transformation Change  
**The Hong Kong Medical Hypnotherapy Association- level One and Two**
- (3) The Trainer has become one of the licensed NLP Trainers in the **Society of Neuro-linguistic Programming TM** founded by **Dr Richard Bandler**, the Father & Co-creator of NLP, in **March 2010 (USA)**.
- (4) the Trainer will become one of the licensed **Neuro-Semantics NLP** trainers in the **International Society Of Neuro-Semantics (ISNS)** founded by **Dr Michael Hall** in **June 2010**  
**(Neuro-Semantics concerns Meta-NLP ( about ,above and beyond NLP)**  
**and is about achieving Ultimate Self -Actualization with peak performance and meaning)**

**Level I (單元一) : Mental Map Vs Territory (Butterfly Flap)**



**Level 2 (單元二) : Mental Map Vs Territory (Dolphin Leap)**



**Level 3 (單元三) : Mental Map Vs Territory (Eagle Hover)**

