

Neuro-Semantics(NS)-NLP Training Workshop Series

“ENVISIONING A PREFERRED FUTURE IN WORKPLACE”

Program Code : MAGIC NLP INTEGRAL 123

Integral NLP Practitioner Course for Health Care Professionals

– Neuro-Linguistic Programming

*Practitioner Course with International Certifications
by ABNLP (American Board of NLP) and
ISNS (international Society of Neuro-Semantics)*

(身心語言程式學國際認證課程)

**(Co-organised by the A&E Training Center
Ruttonjee/Tang Shiu Kin Hospital
and HKSEMS-The Hong Kong Society for
Emergency Medicine and Surgery)**



By Principal NS-NLP Trainer/Coach

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FHKAM(Emergency Medicine)
Licensed NLP Trainer/ Coach**

Version 4 (updated) : Jan/2011

(A) PROLOGUE (前記)

The guiding “**Chariot of Fire**” :

- (i) It is written ...
 “ASK and it will be given to you;
SEEK and you will find;
KNOCK and the door will be opened to you ...” Matthew 7:7
- (ii) “Living up to the NLP DREAM in clinical practice and let REALITY & RESOURCES catching up” Anon
- (iii) “天行乾(健) … NLP training … 自強不息, 地勢坤 … NLP training …
 厚德載物, 既濟未濟 … 生生不息” 易經

(B) The Program Training Objective (課程培訓目標)

- (i) To apply Well-Formed NLP knowledge, skill and attitude for professional and personal excellence in Clinical Practice.
- (ii) To elicit and…then deepen the resourceful, Alpha psychological State for effective and optimal work performance.
- (iii) To align the NEURO (including Neuro-logical levels and subconscious mind)-LINGUISTIC (verbal , intra-verbal and non -Verbal) Congruence for professional and personal growth and development.

(C) The Training Road-Map (培訓路線圖)

➤ **10 Training Workshops** (6 whole days- **Didactic& Experiential Workshops**- 00.90-17.00 hr)
 and **3 whole -days- NLP skills Practice Workshops** -00.90-1700hr)
 Plus **Day of Graduation Presentation Workshop**)

➤ 3 levels MODULE Structure

- (a) **Level 1 module**- 24 hours (3 days training workshops)
 (單元一) **Theme : Communicating & Self-empowering Excellence thro' NLP**
- (b) **Level 2 module**-24 hours (3 days training workshops)
 (單元二) **Theme : Languaging the path of Transformational Change thro' NLP**
- (c) **Level 3 module**-32 hours (4 days training workshops)
 (單元三) **Theme : Mastering the Path of Generative Personal growth & Development thro' NLP**

(The Metaphors in Trilogy – 三部曲)

Level 1 - 基礎篇 - Basic
The Butterfly's FLAP 蝴蝶的振拍



Level 2 - 語言篇 - Linguaging
The Dolphin's LEAP 海豚的跳躍



Level 3 - 整全篇 - Integral
The Eagle's HOVER 鷹的翱翔

**(D) The Overall Course Structure / Outline / Format**Key Components

(1) Training workshop attendance (8 Hrs x 10)	80 hrs (at least 80%)
(2) Post-workshop worksheet assignments x 6	20 hrs
(3) Graduation Oral presentation (10+/-2 minutes) on Experiential learning and Applications in work/life	>23hrs
Total : > 123 hrs	

The Training Approach and Formula

K.S.E. → P

- **Knowledge** 知識
- **Skill** 技能
- **Experiential learning** 體驗

Then

- **Practice / Practice / Practice** 熟練
- **Conscious to Subconscious Competence**

The Training Format

- lectures, demonstrations, exercises, role-play, story-telling, assignments, readings, self-study

Focus on Experiential Learning and Self-Discovery

Duration : 4-6 months (one month plus for each level)

Medium of Instructions : Bilingual (English and Cantonese)

Class Size : +/-30

(E) Textbooks to Purchase (Bulk purchase will be arranged with Mac-Barron)**Level one**

5 Minutes NLP – Practice Positive Thinking Everyday (HK\$50)

by Carlyss Boyes

Level two and three

NLP – Principles in Practice --Lisa Wake

Or Magic in Practice – Introducing Medical NLP, the art & science of language in healing and health – *by Garner Thomson with Dr Khalid Khan*

Other References:

- i. Consulting with NLP – NLP in medical consultation – by Lewis Walker*
- ii. NLP & coaching for health care professionals developing expert practice – by Suzanne Henwood, Jim Lister*
- iii. The User’s Manual for the Brain– The Complete Manual for NLP Practitioner Certification--- By Michael hall and BOB Bodenhamer*

WEBSITES: WWW.hksems.org.hk
www.medicalnlp.com
www.nlpu.com
www.neurosemantics.com

(F) Certification– participants on attending 80% of the Workshop Training and submitted the required course work assignments and graduation presentation will be given 2 NLP Practitioner certificates

One local by the HKSEMS endorsed BY the American Board Of NLP (ABNLP)

ONE International – BY ISNS– International Society of Neuro–Semantics.

(G) EPILOGUE (後記)

It is MEANINGFUL to think BIG

It is WONDERFUL if it comes TRUE

(H) Integral NLP Professional Practitioner Training Contents :-**Overall Topic Outline Reference : (Adopted from American Board Of NLP)**

- (1) Overview and history
- (2) NLP presupposition
- (3) Rapport-establishment and maintenance of
- (4) Pacing and leading
- (5) Calibration
- (6) Representational systems
- (7) Submodalities and application
- (8) Dissociation and association
- (9) Meta-model of language
- (10) Milton-model of language
- (11) Elicitation of well-formed, ecological outlines and structures of present state
- (12) Metaphor creation
- (13) Frames (outcome, back track, relevancy, “as if”, agreement etc)
- (14) Anchoring
- (15) State management
- (16) Feedback – giving and receiving sensory specific feedback
- (17) Perceptual positions
- (18) Neurological levels
- (19) Outcome-oriented accessing and utilizing of resources
- (20) Positive intention
- (21) Re-framing
- (22) Strategies, detection, elicitation, utilization and installation
- (23) Time -line

(I) Appendix (附錄) : informational

What is NLP ? (身心語言程式學)

NLP stands for Neuro-Linguistic Programming

- | | | |
|---------------------|---|--|
| <u>N</u> euro | - | neurology, the nervous system, the conscious and subconscious mind |
| <u>L</u> inguistic | - | the verbal (words), intra-verbal (tonality) and non-verbal (body) language used to communicate |
| <u>P</u> rogramming | - | unique way one put the neuro-linguistic patterns to create thinking, emoting and behaving (analogy of files or programs in the computer) |

Co-created by **Richard Bandler** (a student) and **John Grinder** (a professor) in early 1970 at the University of California, U.S.A.

- the **Essence** of NLP is modeling personal and professional excellence and Peak performance by studying “**The Difference that makes the Difference**”
- NLP is process-orientated and contents-free and has already wide applications in the fields of business, management, health, education, change-work (coaching, counseling and psychotherapy), sports etc. etc. etc.
- NLP 是如何達致卓越的學問 (the “**Hows**” Vs the “**Whys**” and the “**Whats**”)
- NLP is the study of **Human Subjective Experience**

(J) What is the Magic in NLP and also 123 ?

Motivation
Activation
Generation
Imagination
Cooperation

1-2-3 means levels **one-two-three**, also means **123** hrs of Training and Study

- (1) The Heart and Spirit of NLP is all about **Modeling and Modeling Excellence**
- (2) It is all about Senses, Filters/ Frames, Words and States
- (3) V.A.K. are the "**Bible**" alphabets of NLP (**V**isual, **A**uditory and **K**inesthetic)
- (4) It is also all about **Awareness, Flexibility and Choice**
- (5) The "**Hows**" of the Biomedical-Psycho-Social **paradigm shift** in Clinical Practice

Note : NLP approach is Process-orientated (content free), with wide practical application in The fields of business, management, clinical/health care, Education, Sports, Change work-Coaching/Counseling and Psychotherapy

(K) The Trainer's Credentials

- (1) The Trainer has learned NLP under International Master Trainers :
 Richard Bandler _ the Father and Co -creator of NLP
 Robert Dilts, Judith Delosier, Suzi Smith, (NLPU- Santa Cruz – the Birthplace OF NLP)
 Michael Hall (NLP and Founder of Neuro-Semantics (身心語義學)),
 Gardner Thompson (Medical NLP),
 Jeffrey K. Zeig (Ericksonian Psychotherapy),
 Gary Quinn (EMDR Approach to Psychotherapy),
 Stephen Gilligan (Hero's Journey)
 Tad James-Inventor of Time -line Therapy™
- (2) The Trainer had conducted a series of basic NLP workshops in the past 4-5 years :
 For PMH (A&E/EMW and hospital staff and nurse management)
 CMC (A&E / EMW) and QMH(A&E),
HK Adventist Hospital (middle level management staff),
Union Hospital (Emergency Medical Center),
 Stress Management Workshops for CMC, PMH, HA A&E COC, and
AHKNS (香港護士協會)

 Co -trainer in NLP training programme of the **New Life Psychiatric Rehabilitation Association (新生精神康復會)**
HAHO KWC level One and Two -Communicating & Self-empowering
 Excellence through NLP
 -languageing the path of transformation Change
The Hong Kong Medical Hypnotherapy Association- level One and Two
The Integral NLP Practitioner Courses for health Care Professionals
 (level 1-2-3) **HKSEMS and A&E**
Training Center

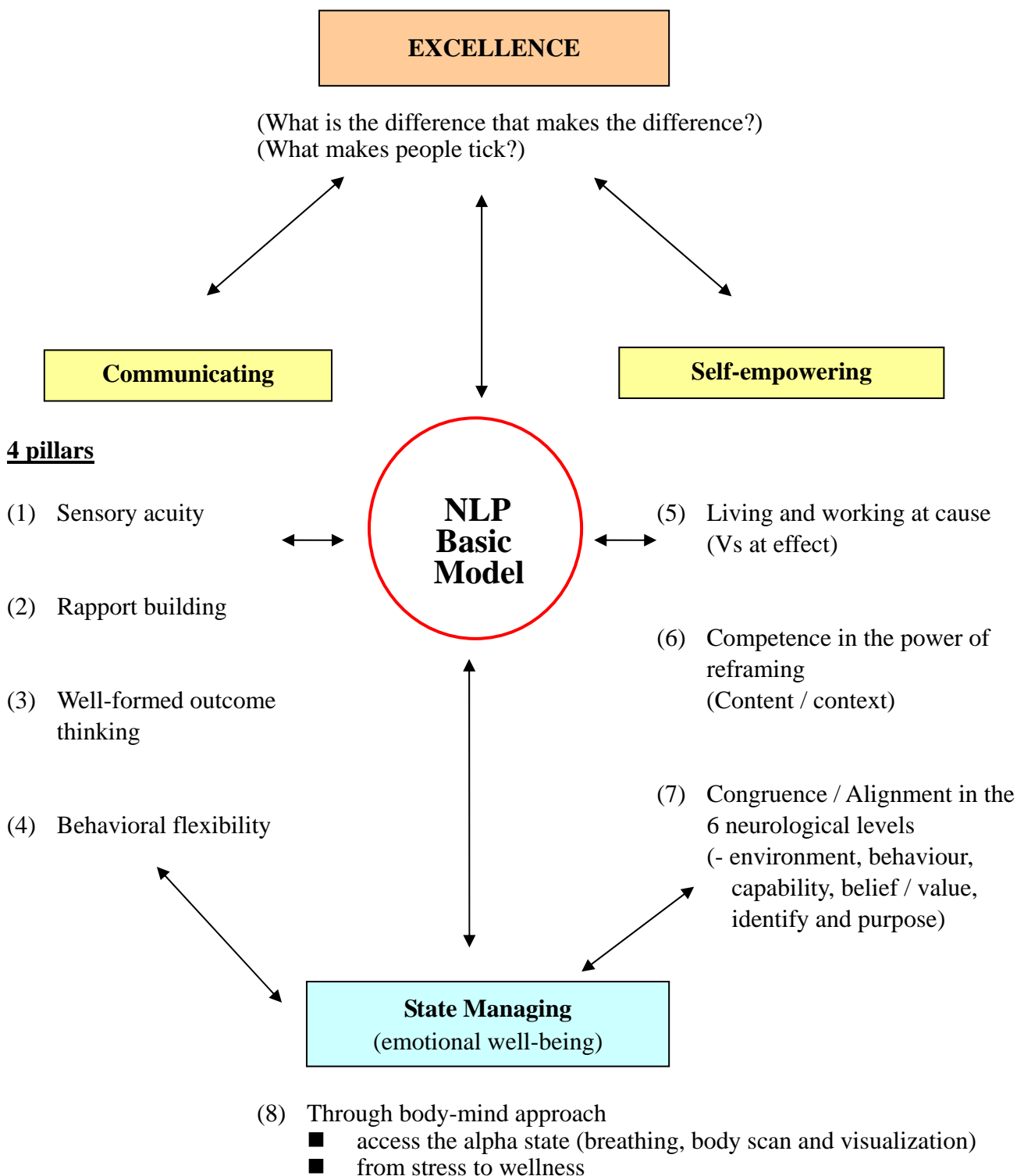
- (1) The Trainer is one of the Certified Global trainers and Consultants From the NLP University – Santa Cruz – the birth Place of NLP– in July 2006
- (2) The Trainer has become one of the licensed NLP Trainers in the Society of Neuro–linguistic Programming™ founded by Dr Richard Bandler, the Father & Co–creator of NLP, in March 2010 (USA).
- (3) the Trainer has become one of the licensed Neuro–Semantics NLP Trainers in the International Society Of Neuro– Semantics (ISNS) founded by Dr Michael Hall in June 2010

(Neuro–Semantics concerns Meta–NLP
 (about ,above and beyond NLP)
 and is about achieving Ultimate Self –Actualization
 with peak performance and meaning)

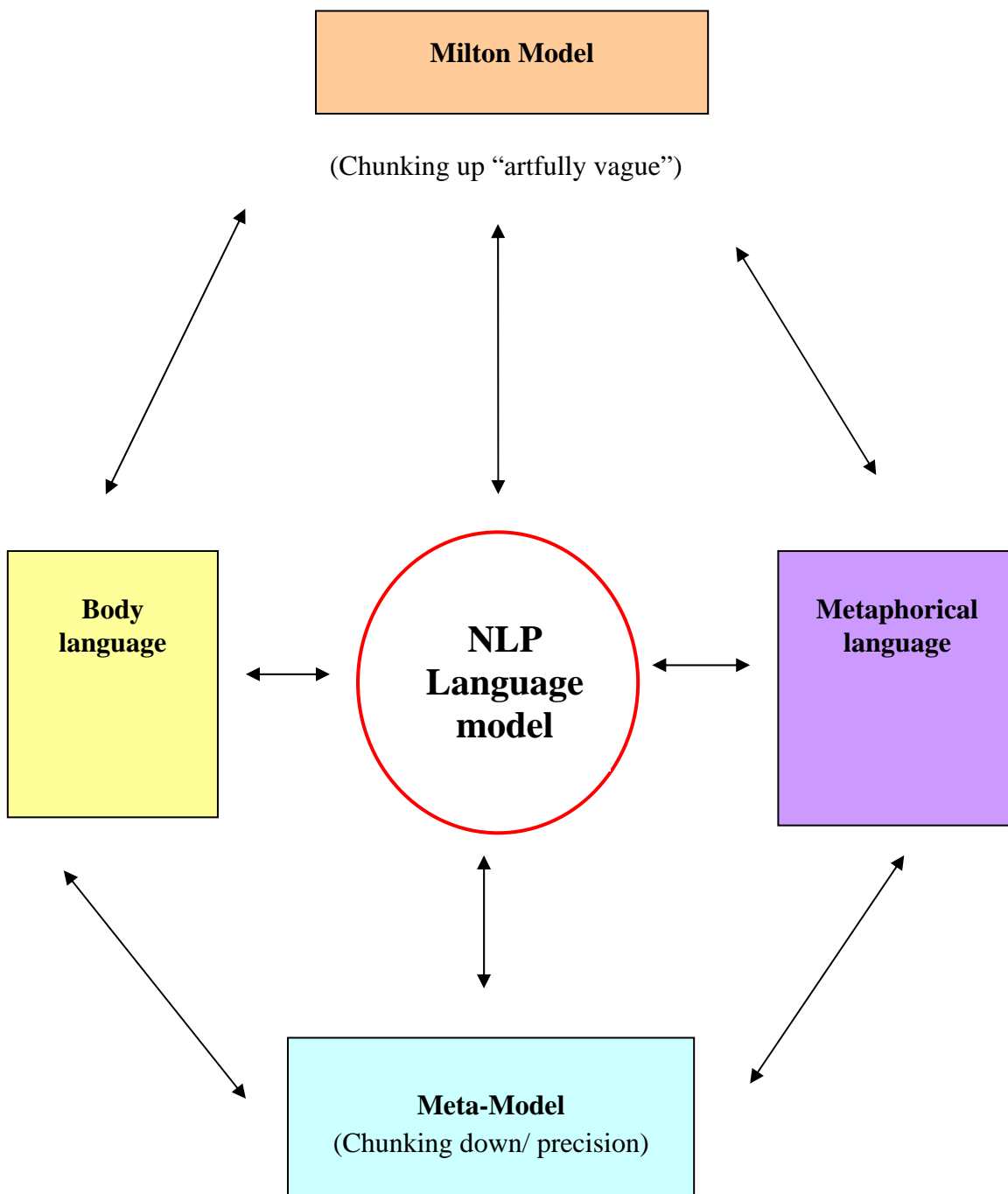
- (4) The trainer has become one of the licensed NLP Trainers in the American Board of NLP – Dr Tad James in Oct 2010

In a Nutshell , we Train/Coach with the State of Art in NLP and Neuro–Semantics (Knowledge, Skill and Mindset) … and with a Big Caring Heart

Level I (單元一) : Mental Map Vs Territory (Butterfly Flap)



Level 2 (單元二) : Mental Map Vs Territory (Dolphin Leap)



Level 3 (單元三) : Mental Map Vs Territory (Eagle Hover)

