

Editorial

Breaking the Guinness World Record in cardiopulmonary resuscitation training – Hong Kong, 24 January 2010

打破心肺復甦法訓練的健力士世界紀錄－香港，2010年1月24日

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A mass cardiopulmonary resuscitation (CPR) training event was carried out at two sites in Hong Kong on 24th January 2010, to break the Guinness World Record. In the morning at the Kwai Chung Sports Ground, 4806 Kwai Tsing residents, teachers, secondary school students and their parents, nursing students, university students, healthcare personnel, volunteers and their families, learned and performed CPR together in a ceremony organised by the Kwai Tsing Safe Community and Healthy City Association Limited and the Princess Margaret Hospital. The slogan for the morning ceremony was "Perform CPR and break the world record together" (Figure 1). In the afternoon at the Wai Tsuen Sports Centre, 1051 Tsuen Wan residents, teachers, students and their parents, healthcare personnel, volunteers and their families learned and performed CPR at the same time in an event organised by the Tsuen Wan Safe and Healthy Community Steering Committee and Yan Chai Hospital,



Figure 1. Mass CPR training ceremony at the Kwai Chung Sports Ground.

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as a continuation of the morning programme. The slogan for the afternoon ceremony was "Learn CPR together to save lives" (Figure 2). The new world record of 5857 (4806 + 1051) trained in CPR in one day was formally recognised by the Guinness World Records (Figure 3). We are proud that Hong Kong was once the holder of the world record. Through similar activities, we hope that the knowledge, skill and concept of CPR will be promulgated to every corner of the community of Hong Kong.



Figure 2. Mass CPR training at the Wai Tsuen Sports Centre.



Figure 3. The certificate from Guinness World Records.